

# *Monday*

## Day 1: Jesus Is Better Than What You Left Behind

### **Scripture:**

Scripture: Hebrews 8:1 — “We have such a high priest...”

### **Reflection:**

The original audience of Hebrews was tired, hurting, and under pressure. They were losing community, security, and social standing because they followed Jesus. Some were wondering if Jesus was worth the pain. The author writes to say: Yes, He is. Not because following Jesus is easy, but because Jesus is better than anything they left behind—better than Moses, better than the priests, better than the rituals, better than the old way of relating to God.

You may not be facing the same persecution, but you may know the feeling of life getting harder after choosing obedience. You may know the temptation to return to what feels “comfortable.” The letter to Hebrews whispers the same truth to you: Don’t go back. Jesus is better.

### **Prayer:**

Lord, remind me today that nothing I’ve left behind compares to what I have gained in You.

### **Action Step:**

Identify one “old way” you’ve been tempted to return to—and ask God for strength to move forward, not backward.



# *Tuesday*

## Day 2: A Covenant That Changes You From the Inside Out

### **Scripture:**

Scripture: Hebrews 8:10 — “I will put my laws into their minds and write them on their hearts.”

### **Reflection:**

The Old Covenant showed people right from wrong, but it couldn't give power to do what was right. It revealed sin but couldn't remove it. But in the New Covenant, God does something radically better: He transforms the heart. He writes His ways inside us—changing how we think, feel, love, and choose.

This means you are not powerless. You are not trapped in cycles of failure. The Spirit gives you the ability to live out what God requires. Not because you're strong, but because Jesus fulfilled the Old Covenant and gave you new life.

The gospel does not just modify your behavior—it renews your heart.

### **Prayer:**

Holy Spirit, shape my thoughts, desires, and decisions today. Give me power to walk in righteousness.

### **Action Step:**

Choose one area of life where you need God's power—and invite the Holy Spirit to transform your motives, not just your actions.



*Wednesday*

## Day 3: You Have Direct Access to God

### **Scripture:**

Hebrews 8:10–11 — “I will be their God, and they shall be my people... for they shall all know me.”

### **Reflection:**

Under the Old Covenant, people needed priests to act as go-betweens. But under the New Covenant, Jesus Himself is our mediator. Because we are in Christ, we share in His relationship with the Father. If God loves His Son, He loves you. If Jesus calls God “Father,” so can you.

This means you don’t need a spiritual “middleman” to talk to God or receive forgiveness. Pastors, leaders, and teachers help us grow—but they don’t replace your access to the Father. Through Christ, you can know God personally, intimately, confidently. You are not distant. You are not second-tier. You are welcomed.

### **Prayer:**

Father, thank You for allowing me to know You deeply. Teach me to enjoy Your presence with confidence and trust.

### **Action Step:**

Spend 10 minutes in personal prayer today—no agenda, no requests. Just talk to your Father.



*Thursday*

## Day 4: Your Sins Are Truly Gone

### **Scripture:**

Hebrews 8:12 — “I will remember their sins no more.”

### **Reflection:**

In the Old Covenant, sacrifices had to be offered daily, weekly, monthly, and yearly—constant reminders of guilt. The blood of animals could cover sin, but it could not erase it.

But Jesus’ sacrifice didn’t cover sin—it removed it. Forever.

Once for all.

Never to be brought back up again.

God no longer relates to you according to your failures. He sees you through the righteousness of Jesus. You may remember what you did. People may remember what you did. But God does not. Sin no longer defines you.

Where shame whispers, the New Covenant shouts: free, forgiven, and clean.

### **Prayer:**

Jesus, thank You for washing away my sins completely. Help me live like someone who has been truly forgiven.

### **Action Step:**

Write down one sin you’ve been carrying shame over—and then write next to it: **“Paid in full. Remembered no more.”**



# *Friday*

## Day 5: Don't Go Back—The New Covenant Is Better

### **Scripture:**

Hebrews 8:13 — “What is becoming obsolete and outdated will soon disappear.”

### **Reflection:**

The message of Hebrews is simple: Don't go back to what God has brought you out of. Not because your old life wasn't appealing—some parts may have been easier, familiar, or comfortable.

But it wasn't better.

The Old Covenant was dying, and so is the life you lived before Christ. What was broken cannot bless you. What was empty cannot fill you. What was sinful cannot save you.

In Jesus you have a better High Priest, better promises, better access, a better relationship, a better forgiveness, and a better life. The old may whisper to you, but only the new can deliver on its promises. Life with Christ is not always easier—but it is always better.

### **Prayer:**

Lord, give me endurance. Help me remember the beauty and power of this better covenant so I never turn back.

### **Action Step:**

Pray: “Lord, anchor my heart in the better promises of Jesus.”  
Then name three ways your life is better because of Christ.